**Torridge District Neighbourhood Watch**

Torridge NHW covers the areas of Bideford, Holsworthy and Torrington and we are proud that it is one of the safest places in England and Wales.   Our aim is to help the police to keep it as a very low crime area by  “*increasing the awareness of crime without increasing the fear of crime”*.  The public plays a vital role in helping the police to reduce crime and NHW is a popular way for people of all ages and backgrounds to get involved.  It is a proven fact that neighbourhoods covered by a Watch scheme tend to be less likely to become victims of burglary and other crimes.  Watch schemes can vary in size from just two or three residents up to several dozen on an estate or block of flats and the schemes help to foster neighbourliness and community spirit which go towards building better communities. For further information and contacts please look at our website at:

[**http://torridgenhw.ourwatch.org.uk**](http://torridgenhw.ourwatch.org.uk)or call Tom Carrick, our chairman, on **01237 474031**